

UNDER AUSPICES OF

Ministry of Health
of Sarajevo Canton



ORGANIZES THE SYMPOSIUM "HOW TO LIVE A QUALITY LIFE IN OLD AGE"

October 1st, 2024 in the premises of the General Hospital "prim. dr. Abdulah Nakaš"

This year marks 34 years since the General Assembly of the United Nations on December 30, 1990, declared October 1st as the International Day of Older People, with the aim of promoting sustainable active aging in communities.

Recognizing aging as a global challenge, 2021 - 2030 was declared as *the decade of healthy aging*.

According to the World Health Organization's population estimate data, by 2050, every sixth person in the world will be over 65 (16% of the world's population), compared to every eleventh person in 2019 (9% of the world's population).

This year, the European Association of Professors Emeritus (E.A.P.E.) wants to celebrate this day in several European cities: Catania, Kosice, Naples, Salerno, Sarajevo, Caserta, Athens, Belgrade and Padua, and for the first time, Sarajevo joins the celebration and promotion of this socially significant matter.

- **ORGANIZING COMMITTEE:**
- **Academician prof. dr. Azra Husić - president**
- **Academician prof.dr. Halima Resić - vice president**
- **Academician prof. dr. Izet Rađo - member**
- **Prof. dr. Ismet Gavrankapetanović - member**

SYMPOSIUM PROGRAM

- 09:00 - 09:30 Registration of participants
- 09:30 - 09:50 Opening of the Symposium
- 09:50 - 10:10 Physical activity in the third age of life- prof.dr. Izet Rađo
- 10:10 - 10:30 Urinary tract infections in the elderly – prof. dr. Halima Resić
- 10:30 – 10:50 Dosing of medicines in the elderly – ass. prof. dr. Jasmina Krehic
- 10:50 - 11:10 Hypertension in the elderly – ass. prof. dr. Milan Gluhovic
- **11:10 – 11:25 Discussion**
- **11:25 – 11:45 COFFEE BREAK**
- 11:50 – 12:10 Bone fractures in elderly – prof. dr. Ismet Gavrankapetanović
- 12:30 – 12:50 The challenges of healthy ageing – prof. dr. Aida Pilav
- 12:50– 13:10 Neurological changes in elderly – prof. dr. Merita Tirić-Čampara
- 13:10 – 13:30 Gastrointestinal tract changes in elderly – prof. dr. Azra Husić
- 13:30 – 13:50 The role of Artificial Intelligence in senior population – prof. dr. Mirza Žiško
- 13:50 – 14:10 Medicine in adolescent population – prof. dr. Dušanka Turk Mičetić
- **14:10 – 14:20 Discussion**
- **14:20– 14:30 Closing remarks**